



**Coaching
Minor
Behavioral & Health Sciences
Traditional**

Program Coordinator: J. O’Neil

King offers a coaching minor to those students desiring to coach either in school systems or recreational settings. This minor will allow a student to have academic preparation as well as field experience in coaching.

Student Learning Outcomes

1. Design and evaluate nutrition and physical activity programs that promote health and improve quality of life.
2. Demonstrate skill in the prevention, recognition, and evaluation of injuries.
3. Implement effective coaching strategies and risk-management approaches for a variety of situations.

Coaching Minor Requirements

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| PHED 1620 | |
| CPR..... | 1 s.h. |
| EXSC 2500 | |
| Introduction to Nutrition..... | 2 s.h. |
| EXSC 2600 | |
| Strength and Conditioning Theory and Practice..... | 2 s.h. |
| PHED 3565 | |
| Ethics and Legal Issues in Sport Management | 4 s.h. |
| ATEP 2510 | |
| Care and Prevention of Athletic Injuries | 4 s.h. |
| PHED 3800 | |
| Internship..... | 2 s.h. |
| PHED 2940 | |
| Psychology of Coaching..... | 2 s.h. |
| <i>Choose from the following courses</i> | <u>2</u> s.h. |
| PHED 2500 | |
| Recreational Leadership (2 s.h.) | |
| PHED 2910 | |
| Athletic Administration (2 s.h.) | |
| PHED 2920 | |
| Sport Marketing (2 s.h.) | |
| PHED 3200 | |
| Event Management (2 s.h.) | |
| PHED 3580 | |
| Sport Finance (2 s.h.) | |
| PHED 3590 | |
| Sport Facilities (2 s.h.) | |

TCOM 3220
Sports Information (2 s.h.)

Total.....19 s.h.

CPR Certification

If a student is currently certified in American Red Cross or American Heart Association CPR and wants to waive taking the class, the student must present the current certification card to the Coaching Program Coordinator and further demonstrate proficiency in CPR by written and skills tests.